

GULAB BAI YADAV SMRITI SHIKSHA MAHAVIDYALAYA, BORAWAN

NAAC
ACCREDITED
GRADE "B"

TEH-KASRAWAD, DISTRICT-KHARGONE (M.P.)

Recognized by NCTE, Affiliated by Devi Ahilya Vishwavidyalaya Indore



Activities addressing students Health Needs – A Report

Health is a dynamic process. Diet and exercise are both important for optimal health. Practicing regular physical activities, eating balanced diet is essential for the students physical and psycho-social development. As a result of games, sports and yoga, students will improve a range of abilities such as stamina, fine and gross motor skills and dexterities, self-awareness and control, and coordination. A healthy balanced diet helps the students in reducing living. The college organizes various activities to improve the physical and psycho-social aspects of the student teachers. Orientations, extension lectures on health & physical well-being, sports & games, yoga, health check-ups are regularly conducted in the college. The following are the activities organized by the college:

Report

“Blood Donation Camp”

Blood Donation Camp


Date: 1.04.2022

Venue : GBYSSM, Borawan

Specific Objective

1. Raising awareness of the necessity of safe transfusion of blood and its components.
2. Imparting knowledge regarding the importance of unpaid, voluntary blood donation.
3. Motivating and encouraging people who are not interested in donating blood in spite of being a healthy person.
4. Thanking blood donors throughout the world and addressing the need for frequent unpaid donations.
5. Encouraging youth to donate blood and inspiring others to do the same.
6. Now that you have all the essential information about Blood Donation Day, you can understand the cause and importance of this day and voluntarily donate blood to save lives




Prof. S.K. Tiwari
Principal
Swa. Gulab Bai Yadav Smriti
Shiksha Mahavidhyalaya
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Sponsor:

Red Cross Society

Participate :B.EdM.ed Student And Staff

BLOOD DONATION CAMP

Blood donation camp was organized by GBYSSM, Borawan on 1 April 2022. The camp was organized in collaboration with Government Medical Hospital, Khargwan and District Red Cross society, Khargwan. All the students, teachers, and the residential of the area enthusiastically participated in the program. All the donors were given fruits and healthy drinks to energize their bodies.

Dr. Surendra Kumar Tiwari, said that our society is facing the scarcity of blood and our college will try to do something for uprooting the evils of the society.

76 blood donors donated blood on the 76th birthday of the founder of the organization Shree Shubha Yadav,



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॥ सेवा भी भक्ति का एक रूप है ॥

शास. चिकित्सालय, खरगोन एवं
जिला रेडक्रॉस सोसायटी के सहयोग से

BLOOD DONATION CAMP
01 April 2022

Time - 11.00 AM to 5.00 PM

गुलाबबाई यादव स्मृति शिक्षा महाविद्यालय, बोरावां



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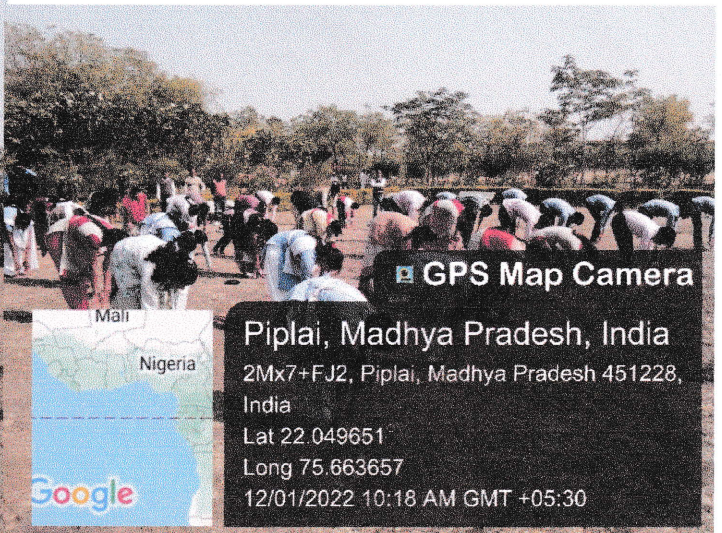
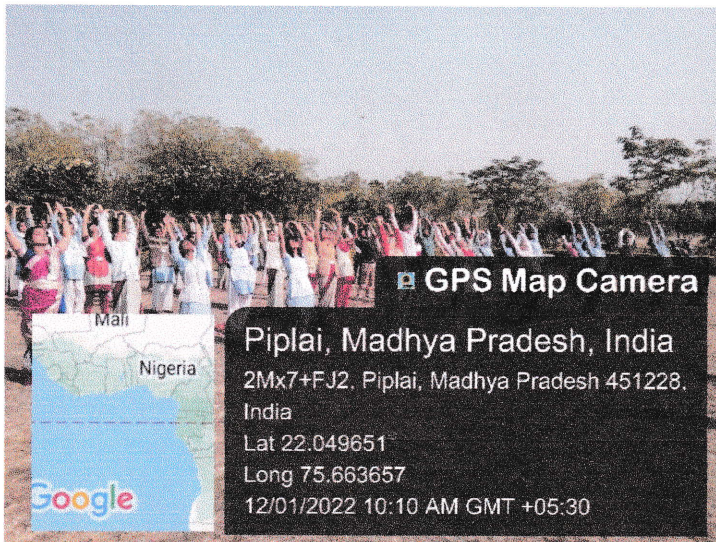
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Workshop on "Yoga and its benefits"

A workshop on 'Yoga and its benefits' was organized for college students on 12st January, 2022. The session began by seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasanas, Sukhasan, Tadasana, BhujangAsana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the teachers.

The Principal, Prof S. K. Tiwari motivated the staff and conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session concluded with an interactive session between the instructor and the teachers in which the queries of the teachers were addressed satisfactorily. The session was very refreshing, reviving and relaxing.




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AIDS DAY CELEBRATION

BY FORMING HUMAN CHAIN

Every year, on 1 December, the world commemorates World AIDS Day. People around the world unite to show support for people living with and affected by HIV and to remember those who lost their lives to AIDS. The inequalities which perpetuate the AIDS pandemic are not inevitable; we can tackle them. This World AIDS Day, UNAIDS is urging each of us to address the inequalities which are holding back progress in ending AIDS. The "Equalize" slogan is a call to action. It is a prompt for all of us to work for the proven practical actions needed to address inequalities and help end AIDS.

Aids day was celebrated to spread awareness among the society and students. For which the students of GBYSSM and SYMDC collaboratively formed a human chain.

SICKLE CELL ANAEMIA AWARENESS CAMP

GBYSSM arranged Sickle Cell Anaemia Awareness Camp on 17 November 2022 in Village Abhapuri by the staff of Education College Borawan and Students of NSS under the joint auspicious presence of Panchayat. In the camp students of Kasturba Girls hostel, Abhapuri, Tribal Girls Ashram Abhapuri were given awareness about sickle cell anaemia, disease treatment and precautions by giving information about college staff and NSS volunteer, Sarpanch of Gram Panchayat Abhapuri was present in the camp. Gram Panchayat Abhapuri's Sarpanch Sonu Mehta, Deputy Sarpanch Vijay Singh Gour contributed to make the campaign a success. In the awareness camp, Dr. Krishna Lal Singh and Ravindra Rathore, along with the college made school students aware about the prevention of Sickle cell anaemia disease. College Principal Dr. Surendra Kumar Tiwari said that in the camp of Medical Officers of CNG Institute and SBI Foundation identified children suffering from Sickle Cell Anaemia by conducting blood test of School Students.

In the camp the state in-charge of the college and all the staff contributed their strength to increase awareness about this disease. College chairman, Arun Yadav congratulated all the staff and N.S.S students by emphasising on the contribution of community participation in eradicating this serious disease from the tribal dominated area.



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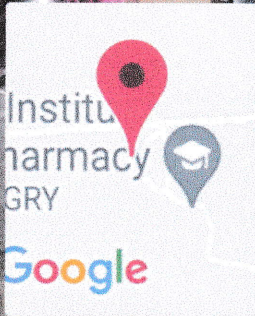
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“DISTRICT LEVEL KHO-KHO COMPETITION ORGANIZED IN COLLABORATION”

Under the joint agencies of Madhya Pradesh Government, Higher Education Department and Devi Ahilya University, District level Kho-Kho Competition was organized at Swa. Subhash Yadav Degree College Borawan, teams from Government College, Khargone, teams from Government College, Bhikangaon, Sardar Vallabh Bhai Patel College, Mandleshwar and Subhash Yadav Degree College Borawan, Participated in it. The competition was inaugurated by Dr. Surendra Kumar Tiwari, Principal of GBYSSM with lightning the lamp.



Piplai, Madhya Pradesh, India
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The players were congratulated by the chairman of the organization Arun Yadav and all the staff. The principal of GBYSSM, Dr. Tiwari highlighted the importance of sports and games to all the teams and especially to the girls' students. Dr.Parida, Principal in charge of degree college, Borawan also welcomed the team and motivated them by sharing the importance of sports to all the students of college.



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